



Daffodil International University
Faculty of Science & Information Technology
Department of Computer Science & Engineering
Mid Examination, Fall 2025
Course Code: AOL101 , Course Title: Art of Living
Level: 2 Term: 1 Batch: 67

Time: 01:30 Hrs

Marks: 25

Answer ALL Questions

[The figures in the right margin indicate the full marks and corresponding course outcomes. All portions of each question must be answered sequentially.]

1	<p>Nusrat notices that some parents always support and guide their children with love and understanding, while others often shout or ignore their children's feelings. She starts to think about what makes a parent "good" or "poor" in raising a child.</p> <p>Based on your understanding of Parents, Life, and Living, illustrate the main differences between good parenting and poor parenting, and how these affect a child's growth and happiness.</p>	[5]	CO1
2	<p>Arif is a university student who dreams of becoming a successful entrepreneur. However, he often feels pressured to follow the career path his parents have chosen for him. While his friends urge him to "chase success," Arif wonders whether success without inner satisfaction truly leads to happiness! He decides to reflect on his life goals and values before making a final decision.</p> <p>Using the concepts of Universal Human Values, explain how Arif can apply self-awareness, communication, and adaptability to align his personal goals with his core values and lead a fulfilling life.</p>	[5]	CO1
3	<p>Mitul, a brilliant first-year engineering student, scored only 32% in his first programming midterm because he didn't practice enough. After seeing the result, he realized his poor performance was due to a lack of hands-on practice.</p> <p>Now, Construct an alignment between Mitul's realization and Learning to Learn process.</p>	[5]	CO2
4	<p>You are part of a new project team in your internship. During your first meeting, one team member repeatedly interrupts others, checks their phone while others are speaking, and dismisses your ideas. You feel frustrated and disrespected, but you also want to maintain professionalism and a positive working relationship.</p> <p>Based on your understanding of workplace professionalism and personal etiquette, identify the techniques of handling this situation to maintain professionalism while addressing the issue.</p>	[5]	CO2
5	<p>Sara is a young woman who often faces sudden changes in her life. Sometimes things don't go as she plans, and she starts to lose confidence in herself. Later, she learns that life is always uncertain, and to stay happy and confident, she must believe in herself and take care of her thoughts and emotions.</p> <p>Based on Sara's story, Compare a life with self-esteem and self-care to a life without them.</p>	[5]	CO3